PARENT HANDBOOK 2024







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REGISTRATION CHECKLIST



COMPLETE FORMS IN CAMPBRAIN

address: Camp Billings 1741 Commonwealth Ave Unit 1 Brighton, MA 02135

Complete and Submit Camper Information Form *required prior to submitting Registration
Complete and Submit Waivers & Agreements *required prior to submitting Registration
Complete and Submit Medical Form *not required at time of Registration. Parents are asked to return to CampBrain to complete Medical Form so that it reflects up-do-date information. Medical Forms are due by June 1, 2024.
Pay \$500 deposit per camper per session. Deposit is due within two weeks of confirmation of registration.
Pay remaining balance of tuition. Full tuition is due by April 30, 2024 1. Pay by card on CampBrain. You can log back into your CampBrain account and pay your deposit amount online using a major credit card. A 3% processing fee will be applied. 2. Pay by e-check on CampBrain. This is the online option that does not charge a fee. This is a new option for families this year, and it seems to have worked smoothly. Still, let us know if you experience any issues! 3. Mail a check. All checks should be in U.S. Dollars and made out to "Camp Billings." Please mail your check to this

GENERAL INFORMATION

CAMP BILLINGS REGISTRAR WINTER ADDRESS

Camp Billings 1741 Commonwealth Ave Unit 1 Brighton, MA 02135

(early June-3rd week of August)

CAMP BILLINGS SUMMER ADDRESS

1452 VT RT-244
Fairlee, VT 05045
802-333-4317
office@campbillings.org (office email is actively checked June, July and August each summer while camp is in session)

ACCREDIDATION

After more than 116 years, Camp Billings remains dedicated to enriching the lives of children, by combining the beauty of our setting with the experience of our staff to give kids a haven to meet new friends, discover new activities and create memories that will last a lifetime. Camp Billings is fully accredited by the American Camp Association.

2024 DATES and TUITION RATE

Session 1: June 23 – July 6 Session 2: July 7 – July 20 Session 3: July 21 – Aug 3 Session 4: Aug 4 – Aug 17

2024 tuition is \$1,950 per session

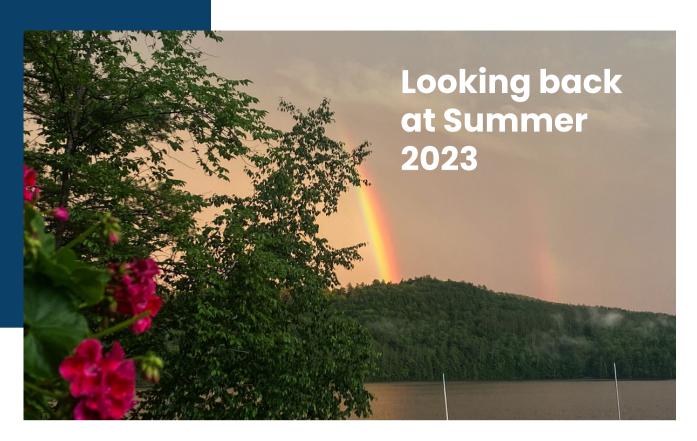
PAYMENTS AND REFUND POLICY

Deposit. There is a \$500 non-refundable deposit per camper/per session. We have three methods for paying the deposit: online- with a credit card or an e-check at the time of registration or mailing a physical check to the Registrar to be received within 2 weeks of confirmation. Returned checks are charged a \$25 fee.

Grace Period. All families are given a two-week grace period after receiving confirmation of their registration. If you notify our Registrar within two weeks of your confirmed registration that you need to cancel your registration(s), you will receive a full refund of the deposit(s). Cancellations made after the conclusion of the two-week grace period forfeit the entire deposit (this includes dropping from two sessions to one, for example).

Full Tuition. Full tuition is due by April 30, 2024. Campers who register after April 30 are expected to pay for the full tuition within 2 weeks of registration. It may be necessary for a parent to cancel a camper's registration after full tuition has been paid. If cancellation is due to a serious illness or injury that prevents participation in camp activities, Camp Billings will refund the paid tuition minus the deposit provided that a doctor's note certifying the illness or injury is submitted in writing. Any cancellations for other reasons are not subject to refunds.

Waitlists. Once we reach capacity for a session, we will start a waitlist. To sign up for the waitlist, fill in an application online. There is no deposit required to be placed on the waitlist.



An Unforgettable Summer

Summer 2023 was an incredible 8 weeks! Camp was full and we had an amazing diverse staff to support our 550 campers from all over the world. First session enjoyed our classic Fourth of July celebration with an excellent fireworks display paired with our traditional hype-up soundtrack--think, Katy Perry, Jackson Five, Taylor Swift, Barry Manilow, Bruno Mars--very eclectic! Second session brought us Billings Got Talent, where we had the privilege to see many wonderful performances from our campers and staff. Third session led to the performance of *Matilda*! In our technology free camp it was fun to rehearse a show about a TV-addicted family with an avid-reader! Fourth session culminated with our big three days of competition called Country Fair. Camp was split into eight teams with food as the theme, and competed for three whole days from everything from setting a table to soccer to completing puzzles. Our big winners were Team Gerber Baby!

2023 also brought us many new staff and new programming for all to enjoy. We had three new counselors from Zambia who brought us Circus program, which quickly became our most heavily attended activity. Campers learned amazing physical skills, while building on practicing teamwork and being in a supportive community. Each session had the privilege of watching a Circus performance at the end. We can't wait to see what they'll do in 2024!

STAFF

STAFF of SUMMER 2024

Our 35 Senior Cabin Counselors at Camp Billings are college students and young professionals, including many teachers, almost all of whom grew up at camp and came though our Counselor in Training Program. In 2023 our Cabin Counselor staff had a combined 224 summers of experience on the Shores of Lake Fairlee!

Our Senior Staff including Directors, Nurses, Cook, Office Staff, CIT Director, Waterfront Director and Maintenance Directors added an additional 100 years of Billings experience.

We have 54 Counselors in Training who spend half of the summer at camp. All of our CITs are former campers or CITs who have shown strong leadership potential and desire to work with children.

We are part of the American Camping Association so our counselors have the appropriate certifications in their particular program:

- · CPR certified counselors
- Red Cross certified lifeguards
- USA Archery certification for our Archery
- counselors
- High Five Ropes qualifications for our ropes counselors

In addition, we host our own week of training the week before camp begins where we focus on safety and responsibility. Our staff receive ongoing training that helps them manage camper interactions to prevent homesickness or bullying, and foster cabin bonding.

When you send your child to our camp, you can rest assured that they will be well cared for by a staff that knows how precious your child truly is.





CAMP PROCEDURES

ARRIVAL DAYS (SUNDAYS)

Campers can check-in anytime between 10:00-3:30 on Sunday of your Session. Please follow staff instructions on where to park. Our parking is limited and can be crowded. Your patience is appreciated. After parking, please go directly to large tent set up on the middle tennis court.

Pets that are leashed are allowed at drop-off day, though not inside any buildings. Please clean up after your pet.

Our check in process is as following:

- 1. Report to the white tent in the center of camp
- 2. Here you will check in, privately, with our:
 - a. Office staff to share any info about dietary restrictions, pick-up specifics, and find out what cabin your camper will be in
 - b. Nurses for screening & lice check
 - i.Additional meeting with nurses if you must(a.) Hand in medication (b.) Reviewmedical information
 - If a camper is found to have lice at check-in, they will not be able to stay on campus. It will be the parents' responsibility to take the camper home for treatment. The camper may return to camp with a signed letter from a professional organization stating that the camper is free of lice and/or nits.
 - c. **Mental Health Counselor** for introductions and ask any questions about camp.
 - d. Waterfront Director to answer a few questions about your camper's swimming level and skills
- 3. Check in complete! You will find out your cabin assignment once ALL these steps are complete! You will be able to unpack your car, meet your cabin staff and cabin mates! Please do not go to your cabin until you have completed all steps in the check in process.

Cabin Assignments.

All cabin assignments are made by age and grade level. We encourage campers to attend without concern for hometown friends. We find that being in a cabin with friends from home can sometimes strain relationships, prevent other cabin friendships from forming easily and undermine a camper's ability to learn to live and get along well with new people. One of the greatest benefits of overnight camp is making new friends from different places. Encourage this openness and flexibility to ensure your camper's healthy adjustment and great camp experience.

Cabin requests are not routinely accepted at Camp Billings. Only first-time campers may request a bunkmate, and the request must be mutual. Bunkmate requests for returning campers are not considered. Requests are not guaranteed, but we will do everything we can to honor your requests. Cabin placements are carefully and thoughtfully made to create cabins that consider the welfare of both the individual as well as the entire cabin group. Parents' support of their child's cabin placement is directly related to their camper's positive adjustment to camp. Cabin assignments will not be changed on registration day.



CAMP PROCEDURES

Settling Into Your Cabin.

Camp Billings staff will be available to help you unload your car and move your trunk and other items into your cabin. Beds are not assigned; campers can choose from the open top or bottom bunk when they arrive. Cabin space is limited; campers keep clothing in their trunk or suitcase during the session. Parents can help their campers make their beds and ensure that they know where various belongings are within the cabin.

New and returning families are invited to walk around our campus or ask a staff member for a quick tour. Parents are asked to depart by 3:30 so that cabin staff and campers can get to know each other with a cabin meeting.

After cabin meetings, cabin groups will tour around the full camp, meeting program area counselors and learning about all of our program areas and basic rules at each activity. This walk-about gives both new and returning campers a chance to see the whole campus and get familiar with staff and each other.

The camp session gets going in earnest with our First Sunday Night Dinner and the first chance to sing some of our most favorite camp songs in the dining hall. There is always great energy and excitement for the first singing of "Country Roads, Take Me Home to the Place I Belong!" Weather permitting we start each session with a full camp game of Capture the Flag as our opening Evening Program.

Don't blink, the next 13 days will fly by!

PICK-UP DAYS (SATURDAYS)

Each session concludes on Saturday with a final lunch and the chance to do a B-I-L-L-I-N-G-S cheer one more time. Pickup time begins at 1:00. Please remain outside the dining hall until campers come out. After greeting your camper and meeting his/her new friends you may go to the cabin to remove all belongings. Campers will have spent time Saturday morning collecting and packing their belongings, but parents are encouraged to help by reviewing the packing list and items. If everything is labeled it is much easier to be sure that you go home with the correct items. Don't forget to check the drying line on the outside of each cabin for any towels or bathing suits that are still hanging outside.

Tips for cabin staff are not required but are always appreciated for our hardworking CITs and Counselors.

All families must visit the camp office to check out, pick up your cabin report, copy of The Clocktower Times and pay for your camper's account. If you left any medication with the nurses at drop off, please stop by the infirmary to pick up. All families are asked to be checked out and depart by 3:00. Our staff have a busy night of cleaning, prepping and planning so they can welcome a new group of campers the next morning.

CHANGEOVER CAMPERS

If your camper is staying for consecutive sessions, you have the option of visiting on camp, taking your camper off camp for a few hours or overnight, or your camper may stay on Saturday night with other campers who are remaining on camp. There will be a more laid-back set of program options for campers that stay on camp during changeover. Full meals will be served. Campers will consolidate into fewer cabins that night so may need to pack up sleeping bags and move a few cabins over just for one night. If you are taking your camper off campus for a few hours or over night, please check in at the office when you leave and provide your expected arrival time back on camp so that staff can be prepared.

NOTES FROM THE NURSE

MEDICATIONS

Please list ALL medications (over-the-counter and prescription) that the camper will be bringing to camp (including vitamins). Per American Camper Association regulations, ALL medications MUST be stored in the infirmary. Our nurses have standing orders to administer certain medications. Please note that it is NOT permitted to send any medication to camp to leave in the cabins, including acetaminophen (Tylenol), ibuprofen (Advil, Motrin), Benadryl, cold medications, Neosporin, Bacitracin, Solarcaine or Orajel. Do NOT leave these medications with your camper. If you are sending medications to camp to leave with the nurses, please note the following:

- ALL medications (over-the-counter and prescription) must be in the ORIGINAL container.
 Do not send medications in weekly pill dispensers or in plastic bags;
- Label all medications including nasal sprays and inhalers (not just the boxes) with the camper's name;
- Send enough medication for the entire camp stay. Arrange to send refills, if necessary, in advance of running out of medication;
- Check expiration dates on medications especially inhalers.

DIETARY

Vegetarian meals are available to campers who for philosophical or health reasons do not eat meat. A camper must opt for either regular or vegetarian meals for his/her entire stay.

IMMUNIZATIONS

Please ensure that your camper has had a tetanus booster shot within the past ten years.

BED-WETTING

If your camper wets the bed, please make a note of so we can handle any accidents discreetly.

OTHER CONSIDERATIONS:

If your camper is ill e.g. has a cold or fever or has been exposed to any infectious diseases, please contact the camp before arriving on opening day. You will be notified if your camper becomes ill at camp and requires an overnight stay in the infirmary and/or a visit to the camp pediatrician, sustains an injury requiring medical attention or experiences severe homesickness.

Our experience with campers with ADD/ADHD coming off their medications during camp indicates that frequently it is not a wise decision and can negatively impact their camp experience. If your camper takes medication during the school year for conditions like ADD/ADHD and you feel the medication is unnecessary during the camp stay, please contact our camp nurse to discuss how to ensure a positive camp experience for your child.

SPECIAL NEEDS/CIRCUMSTANCES

Camp Billings and its staff are neither trained nor equipped to handle children with extensive physical, emotional, or educational needs. In order to provide the best possible experience for your child and for all the other members of our camp family, we require that all special considerations be brought to the attention of, and discussed with, our Camp Director prior to a child registering for a camp session.

Nurses email is actively checked in June, July and August each summer.
nurses@campbillings.org

DAILY SCHEDULE

7:30 AM	Reveille
7:55 AM	Colors. Cabin roll call, raising the flag and Pledge of Allegiance
8:00 AM	Breakfast, singing in the dining hall, and announcements 9:00 AM Camp duties
9:30 AM	First period of morning program 10:10 AM Second period of morning program
10:50 AM	Third period of morning program 11:30 AM Cabin time-all campers and staff meet in the cabin
12:00 PM	Lunch and announcements
1:00 PM	Junior camper rest hour
2:00 PM	First period of afternoon program
3:00 PM	Second period of afternoon program, plus snack offered in the dining hall
4:00 PM	Free swim
5:00 PM	Cabin clean-up
5:50 PM	Colors. Cabin roll call, lowering the flag
6:00 PM	Dinner, singing in the dining hall, and announcements
7:30 PM	Evening program
9:15 PM	Taps and lights out

DAILY SCHEDULE EXPLAINED

7:30 AM – Wake up to the sound of our live bugle

A typical day at Billings begins with the rousing sound of our camp bugler playing reveille. Then, you will make your way to the clock tower lawn to stand together with the whole camp and watch the raising of the flag.

8:00 AM - Time for breakfast

Meals are served family-style with your cabin group. Three times a day, you will catch up with your cabin group over a balanced and delicious meal. After breakfast (and dinner), we sing songs from our Official Song Book. This is when we often lose our voices from signing, cheering and banging on tables! Then, it's time for announcements: Counselors from each program area will tell us what's going on. (We will also post the activities on a board outside the dining hall).

9:00 AM - Camp Duties

Camp duties are an integral part of Camp Billings. The sign in our dining hall bears our camp motto, "Whatever Is Worth Doing At All Is Worth Doing Well." We learn about personal responsibility and respecting our surrounding and beloved environment by being the very ones to take care of it. After breakfast, with our cabin mates and counselors, we all perform a camp duty together. This varies from watering the flowers, cleaning the showers, putting away the dry dishes, or setting the table. This responsibility and self-reliance feels good.

9:30 AM - Morning Programs

One of the best things about Billings is that campers can choose the programs we want to participate in everyday. And there is so much choice! The counselors encourage campers to try them all. We have a balance of both instructional and recreational, competitive or non-competitive options. The only mandatory program is swim lessons for forty minutes every morning. Programs are run until 11:30 AM.

11:30 AM - Cabin Time / Lunch / Rest Hour

The middle of the day is a great time to change, read and write back to mail that is received, read and listen to music. Lunch is at noon, and is served family style. We get an amazing salad bar on Monday, Wednesday and Friday. After lunch, junior campers go back to their cabins for rest, and senior campers have a chance to hang out with friends. This is the time we open the Camp Store. Each day, it is open for a specific group. Campers get to go to the camp store twice per session.

1:00 PM – Afternoon Programs and Free Swim

Another opportunity to try new things. Then, at 4 PM, the waterfront is open for Free Swim. If we are not already at the waterfront, we grab a buddy and head to the waterfront to go down the slide, jump off the high dive, practice our strokes or just float on some foam noodles in our perfect lake.

5:00 – Cabin Clean up and Dinner

At 5 PM everyone goes back to the cabin to clean up their own area, and the cabin as a whole. Everyone pitches in to ensure the shared living space is clean and safe. Each camper will get a different cabin duty every day. Those include, taking out the trash, sweeping the floor, or checking the clothes lines for dry clothes. Dinner is at 6 PM for another delicious meal family style.

7:00 – Evening Program and Taps

Following dinner, all campers take part in our evening program, such as a camp-wide game of capture the flag, water games, dances or campfires. On the way back to their cabins, campers are covered with the blanket of the wondrous Vermont star-filled sky. Campers then prepare for bed and lights to go out as the bugler blows Taps around 9:15 PM. There are always staff members outside on duty for anything campers need, and everyone gets a little flashlight time to enjoy card games, play Mad-Libs or just chat about the day.





We offer a wide range of foods throughout the session, so there is always something for everyone. Campers eat with their cabin-mates and counselors, and all meals are served family-style in our historic dining hall.

Breakfast always includes a hot item like pancakes or eggs, as well as cereal, fruit, and juice.
Lunch is a great time to connect with friends over grilled cheese sandwiches, broccoli chicken
Alfredo or tacos. Every Monday, Wednesday, and
Friday we also offer a massive all-you-can-eat salad bar!

Dinners are the best at Billings. Everything is home-made from chicken parm and meatloaf, to stuffed peppers and a full Thanksgiving turkey dinner!

We partner with our good friends Tim, Janet and Phil at Crossroad Farm just down the street. As soon as they have produce available we put it on our menu: lettuce, peas, carrots, potatoes, tomatoes, and sweet corn, to name a few! We also buy all our beef from Robie Family Farms in Piermont, NH.

And camp wouldn't be camp without a few special treats: corn dogs, cinnamon buns, bug juice and pizza cookies are some of the things we sprinkle in throughout the session.

Upon registration, you will be asked to share your campers' dietary preferences. Please do so as honestly as possible as to best prepare the kitchen for food preparation and portion sizes.



A vegetarian option is the ONLY special dietary request we can accommodate; our kitchen is small and our resources are limited, so, unfortunately we cannot accommodate campers with significant dietary concerns. Please contact us before registering your child if you are unsure about whether this concerns your family.

The Camp Billings kitchen follows the highest standard of safety and sanitation and meets all nationally recognized safety standards indicated by the American Camp Association (ACA). Our facilities are also inspected annually by the State of Vermont.

Fun in the Dining Hall

Campers and their counselors spend time together in the dining hall and get to know each other as they share highlights from the day. After breakfast and Dinner, a few of our staff lead the campers to sing songs from our Official Songbook.

Of course, each session of each year is Unique and our group of campers as a whole is especially skilled at coming up with spontaneous cheers and "unofficial" songs. Like the Form The Banana song and cheer, for example, or like the time the whole camp used their forks, cups and plates to make an awesome beat. The boys started a catchy rhythm by banging on the tables, and then other campers joined in with their spoons and cups for the accompaniments. It was a spontaneous moment that took hold of the entire dining hall. Even the director's table joined in. And it could only have happened because of our philosophy that campers' spirits need to be celebrated.

MAIL AND PACKAGE POLICY

While historically Camp Billings has had a relatively relaxed policy on packages, recent trends in online purchasing have begun to have some unintended side effects on our campers and office staff. The incredible amount of boxes delivered daily take up more space than is available and has left our office staff struggling to complete the other essential tasks that are demanded in allowing camp to operate smoothly; not to mention the massive pile of discarded boxes left over at the end of the day. The impacts on the children has been clearly noticeable as well as many children struggle when seeing their peers receiving multiple packages a day while receiving none for themselves.

In an effort to return to a more simplistic era and support unity amongst our campers while allowing them to remain removed from the outside world, Camp Billings is <u>officially going package free starting in the Summer of 2024</u>. We realize this change in policy may cause some stress but this decision comes after much research and interaction with other camp directors. Many camps these days are package-free, so going in this direction is in line with existing camp industry trends. And those camps universally agree that no packages is a positive move for camp, campers, and parents.

We truly believe you will find this change a seamless one and may be glad to see how it positively impacts your child's time at Billings. As always if you have any questions, please don't hesitate to e-mail us at directors@campbillings.org; we'd be happy to answer any of your concerns.

What is allowable:

- Letters! All the letters and standard mailing envelopes you want provided they can fit through a standard envelope slot at the post office, meaning no bigger than a typical soft cover book.
- Forgotten Items! If you need to send some essential items that were
 forgotten at home such as glasses, retainers, or a spare inhaler,
 please send them labeled Attn: Office Staff and we will be sure to get
 them to your camper. You're also welcome to email
 office@campbillings.org ahead of time to let them know to expect the
 package.
- Birthday packages! If your child has a birthday during camp then
 they may receive a food/candy-free package for their birthday.
 Please clearly mark these packages with the word "Birthday" on them
 and call or email the office ahead of time to let them know to expect it.



Any other packages sent to campers will be returned to the sender unopened. Packages are defined as any items received in the mail other than a regular flat envelope (Up to the size of a flat "9 X 12" envelope). This policy also applies to packages brought on check-in day.

CONTACT WITH YOUR CAMPER

PHONE CALLS While at camp, your camper will be reachable by mail only. Phone calls are reserved for campers who are at camp on their birthday. If a camper stays longer than 2 weeks, and parents or guardians are unable to visit during changeover, the office can schedule a phone call. To do so, please contact the office.

CELL PHONES No portable electronic devices of any kind are allowed at camp. This includes computers, cell phones, portable gaming devices, iPads, iPods or similar MP3 players. Any of these items brought to camp will be collected and kept in the camp office for the duration of the camper's stay. Camp Billings will not be responsible for any valuables that are lost or stolen. Please leave all valuables and electronics at home.

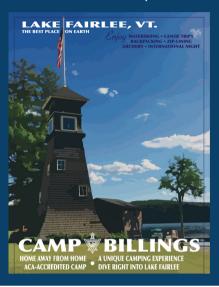
CAMERAS We encourage campers to bring film or digital cameras to camp. Digital cameras should be cameras only, not a smart device with access to wifi, cellular service, internet or video games of any type. Just old-school cameras to take photos!

LAUNDRY Laundry service is available for campers who stay 4 weeks or more. A laundry service comes between sessions. There is a charge that will be applied to the campers account. Consider that campers often get wet or dirty while playing at camp and they will need lots of extras. Please share your laundry plans with your changeover campers if that applies to your plan. PLEASE LABEL EVERYTHING. We are not responsible for any lost clothing.

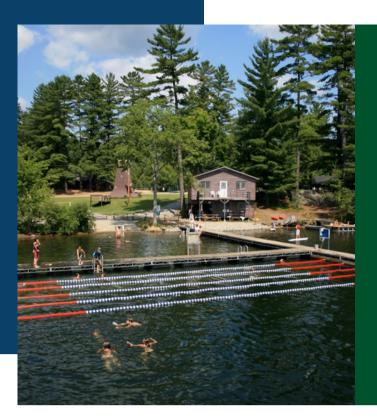
All mail can be addressed to:

Camp Billings c/o Camper Name (Cabin #) 1452 VT RT-244 Fairlee VT 05045-9620

*Please note that this address is for the summer only







An ode to the WATERFRONT

By Lucky 13, Session 4, Summer 2023

One of Cabin 13's favorite places at Camp Billings is the silver sands and lapping waves of the waterfront. In addition to our funning lessons, you'll find Cabin 13 (among many others) diving for rings in the lanes, doing tricks off the high dive, or going for a relaxing cruise on a paddle board. There's something unique about Lake Fairlee that keeps us coming back year after year. Especially for those without regular access to a large body of water, the lake is a cherished location that we've strived to get the most out of despite any inclement weather.

SWIMMING LESSONS and TESTS

Swimming lessons are a required part of our daily program. All campers will be placed in a swimming lesson based on Camp's previous records of swimming ability and/or conversations with parents at drop off. Campers with advanced swimming and water safety knowledge may be asked to be an aid during swimming lessons.

Early in each session our waterfront staff will hold two swimming tests. Our Float Test is a lifeguard accompanied swim from our deep dock, around both of our deep floats and returning back to our dock. Passing the Float Test will allow campers to participate in swimming lessons, snorkeling and free swim in our deep end and to swim to the floats. The Boat Test is a life-guard accompanied swim from the middle of the lake to our docks while wearing clothing. Campers who pass the Boat Tests are permitted to go to all program areas on our waterfront. Life jackets are always required during any boating activity.



PACKING FOR CAMP

Packing for Special Events

Certain events are always the same at camp, but one can never really know what silly antics might ensue! Campers have been known to bring these types of items to camp. Nothing in this section is required!

- Dressy clothes like dresses and suit jackets and ties
- Silly costumes, wigs, tutus, funky leggings
- Plaid shirts or overalls for the Square Dance
- A t-shirt in each color of the rainbow plus black and white (for team games)

Session 1 is when we celebrate the 4th of July with a ton of Red White and Blue! We have epic fireworks at night. Some campers like to have ear plugs for that.

Session 2 is when we have International Night – A Gala style evening and campers love to dress up for this fun night! We also have a talent-show style competition for the campers to show off their mad skills, e.g. "Billings Idol" or "Billings Got Talent!"

Session 3 is when we put on the Musical! What will it be this summer?! And who will be the Lead? We also have an optional 10k Race Around the Lake so pack your running sneakers!

Session 4 is when we have Country Fair. You will want to bring a t-shirt of every color (if you can), good sneakers, multiple athletic shorts and socks, and be prepared to play in the rain (as long as there is no thunder and lighting).

Make sure to label EVERYTHING! Our resources and space are limited, and we simply cannot store lost and found items for more than 24 hours. If items remain unclaimed after this time period, we donate everything to local charities. A new group of campers arrives the next day and the cycle begins again. Items are brought to camp at your own risk. We cannot be held responsible for lost or damaged goods. Items are brought to camp at your own risk. We cannot be held responsible for lost or damaged Parents/guardians should be selective in what they allow their kids to bring to camp.

What do we carry and store this stuff it in?

Most campers pack everything in a trunk/ footlocker. Standard trunk size is 30×15.75×12.25 and can be purchased on Amazon or at Target/Walmart/Kmart or other one-stop shops. Many campers bring additional storage in the form of a stack of 2-3 plastic drawers. Please keep in mind our extremely limited space. Trunks are not required, but they are the best option.

Shipping Trunk and Luggage by Mail:

United Parcel Service handles the delivery of trunks and luggage. Please bring return shipping labels with you at drop off and arrange to have UPS pick up the trunk on the Saturday of $C_{amp\ Billings}$ departure. Our UPS address is: $\frac{1452\ VT\ RT\ 244}{Fairlee,\ VT\ 05045}$

What not to bring to camp:

Knives, firearms, bicycles and skateboards are not allowed at camp. If a camper has or uses any tobacco, drugs or alcohol, he or she will be sent home immediately.

Food The camp menu is varied and ample enough to serve all our needs, so we do not allow food to be stored in the camper's cabins. We must strictly enforce this rule. Food stored in the cabin can create a big problem with animals – chipmunks, skunks, raccoons — which carry rabies. Please do not send food packages. All food packages will sadly be thrown away

No portable electronic devices of any kind are allowed at camp. Camp Billings is technology-free! This includes computers, cell phones, portable games, iPads, iPods or similar MP3 players. Any of these items brought to camp will be collected and kept in the camp office for the duration of the camper's stay. Camp Billings will not be responsible for any valuables that are lost or stolen. Please leave all valuables and electronics at home.

SUGGESTED PACKING LIST

We suggest that you tape one copy of your packing list to the lid of your camper's trunk or suitcase and keep one copy at home. We maintain a lost and found on camp that we strongly encourage you to check on pick up day. During a couple of meals in the session the lost and found items will be held up in an effort to return them to their owners. PLEASE LABEL ALL ITEMS SENT TO CAMP WITH FIRST AND LAST NAMES.

Clothing for 14 days/13 nights

- 14 t-shirts
- 14 shorts
- 2-4 long sleeve shirts/sweatshirts/sweaters
- 2-4 Jeans or sweatpants or leggings
- 2-3 sets of pajamas (for warm and cool nights)
- 2-4 bathing suits

- 2-4 towels
- 14-16 pairs of underwear
- 14-16 pairs of socks
- Rain coat or poncho
- Crocs or flip flops or other water shoes
- Running shoes
- Rain boots (optional)
- Hiking boots (optional for trips)

Essential items

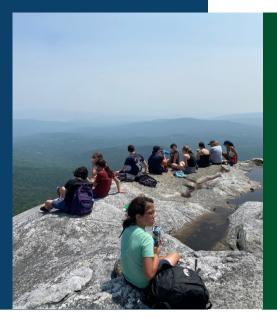
- Bedding a warm sleeping, base sheet for a cot, extra blankets, pillow. **If bedwetting is potential for your child, please pack an extra set of bedding. Our nursing staff will wash all soiled lined on the same day. And please indicate this on your health forms.
- Shampoo, conditioner, soap
- Toothbrush/tooth paste
- Hairbrush/comb/hair ties or barrettes
- Toiletries caddy/pail for carrying

- Laundry bag
- Pads/tampons
- Sun screen SPF 30 or above
- Refillable water bottle labeled with name
- Flashlight
- Bug spray
- Chap stick
- Tissues
- Stationary, stamps, pens, envelopes.
 (Stamps can also be purchased in the camp office and will be charged on the camper's account.)

Optional items:

- Fishing pole
- Tennis racket
- Baseball glove
- Lacrosse stick

- Guitar
- Day pack
- Swimming Goggles (STRONGLY encouraged to help campers feel safe and confident in the lake)



CAMPER ACCOUNTS

Items from camp store, camp photos and some other activities at camp are charged to camper accounts. Campers who sign up for waterskiing or tubing will have small charges, as well as those who choose to go on off-campus camping or canoeing trips. Parents will pay for their camper's account with credit card, cash or check when checking out in the office on pick up day. For planning purposes, camper accounts range from \$20-40 per camper for a two-week session.

CAMP STORE

Our Camp Store is open for 30 minutes after lunch several days a week. Announcements will be made at lunch about which cabins have access to the camp store that day. Each cabin will get to go to Camp Store once in the first week and once in the second week of each session.

Cash is NOT needed at Camp Store and should not be brought to camp. Campers will charge their purchases to their camper account. Items for purchase include soft drinks, lemonade and candy. At each visit to Camp Store a camper is allowed to purchase a maximum of one candy and two drinks, or two candies and one drink.

The camp store does not carry pharmaceuticals or toiletries. If a camper has needs for things like shampoo or a new toothbrush, they can visit the nurse and procure it there at no charge.

In addition, Camp Store has souvenirs like t-shirts, sweatshirts, blankets, pennants, sweatpants, hats, pajama pants, water bottles, bumper stickers, lanyards and our songbook.

you can find Camp Billings gear year-round on our site at: https://campbillings.org/store/

